

# **RUKA SAFARIS SUMMER WEEKLY PROGRAM 2025**

## **(26.5. - 5.10.2025)**



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Finland**

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>River rafting</b>							
<b>River rafting fun for families</b>	09.30	09.30	09.30	09.30	09.30	09.30	
<b>River rafting through the National Park</b>		14.00	14.00		14.00	14.00	
<b>Fatbike adventures</b>							
<b>Into the forest with fatbikes</b>	14.00			14.00		14.00	
<b>Wellbeing &amp; Local lifestyle</b>							
<b>Strength from nature - Hiking trip</b>			10.00			10.00	
<b>Midnight sun hike to Valtavaara</b>		20.00			20.00		
<b>Summer evening canoeing on the lake Rukajärvi</b>	20.00			20.00			
<b>Fishing school at lake Rukajärvi</b>	14.00				14.00		
<b>A day as a reindeer herder - on request</b>							
<b>Meet the king of the forest - Bear watching evening</b>				16.30			
<b>Sauna Tour - Finnish sauna experience</b>			15.00			15.00	
<b>Sup-boarding on lake Rukajärvi</b>		15.00		15.00			
<b>River Floating</b>					10.00		



### **River rafting fun for families (Monday – Saturday at 9.30)**

While meeting the guide in the safari center you receive the necessary equipment for the rafting. Afterwards you leave together to the starting point of the river rafting adventure. You will get a short safety instruction that prepares you for the 7 rapids of the Kitka River (categories I-III). Between the rapids your guide will tell you nice stories about the nature and the different animals in the region. You will also have a relaxing break on the riverside where you will get coffee, tea and a sweet bun. The total distance on the river is 14 kilometers.

**Duration: 3,5 - 4 h including transportation**  
**Price: 88 €/adult, 53 €/child 5-11 years**  
**Minimum age is 5 years**

### **River rafting through the National Park (Juuma – Jyrävä Tuesday, Friday at 14.00** **Juuma – Jelestimä Wednesday, Saturday at 14.00)**

Challenge yourself in the great rapids of Ruka-Kuusamo! This tour is safe but fullfilled with excitement and joy! Tour starts from the safari center where you get the equipment for this adventure. After that we take about 20 minutes transfer to Juuma together with the guide. Before heading to the raft boats you will get the safety instructions for the rafting so you are fully prepared for this tour.

There are two choices for your tour:

#### **Rafting Juuma - Jyrävä**

Conquer the 3 biggest and best rapids in Finland (categories II-IV) and after short hike back to the car. Duration about 3 hours with transfers.

**OR →**

#### **Rafting Juuma - Jelestimä**

After the biggest rapids there is a short walk passing the the Jyrävä waterfall where the boats will raft through without passengers. After Jyrävä, the rest of the rafting tour is relaxing though the beautiful rocky canyon of the Oulanka National Park. During this longer tour you will take a break where you can grill sausages, get a sweet bun and coffee or tea. Duration 6-7 hours including transfers.

**Price Juuma – Jyrävä (3h) 90 € / person**  
**Price Juuma – Jelestimä (6-7h) 125 €/person**

Minimum age for participating is 18 years



**Into the forest with fatbikes  
(Monday, Thursday at 14.00)**

Discover the nature of Ruka on a fatbike. The guide will take you through Lisakki Village and its surrounding nature. While being on these fun bikes you can enjoy the beauty of the area and listen to the nature sounds. You will stop at a kota where you will enjoy a snack by a relaxing fire. The distance is about 6-8 kilometers.

**Duration: 2,5 - 3 h**  
**Price: 72 €/person**

**Minimum age is 12 years and 150 cm height.**

**Strength from nature - Hiking trip  
(Wednesday and Saturday at 10.00)**

With the guidance of our guide, we immerse ourselves in the rich natural beauty of Finland's wilderness with our hiking and foraging adventure. This unique program combines the joys of exploring untouched forests with the traditional Finnish practice of foraging for wild berries and mushrooms, offering a truly authentic and sustainable outdoor experience. During the hike we get to know the nature and signs of each season. This program makes you to stop, calm down, relax and open your eyes to the beauty of nature meanwhile you hike in calm pace on the hiking trail.

**Duration: 2-3 h**  
**Price: 69 €/adult, 48 €/child 4-11 years**

**Summer evening canoeing on the lake  
Rukajärvi (Monday, Thursday at 20.00,  
from September at 18.00 )**

The guide welcomes you at the reception of Lisakki Village and gives you the needed equipment. After a short walk you are at the lake where you will get a safety lesson before entering your canoe. On the lake you will learn how to get acquainted with paddling and steering a canoe together with your guide. Afterwards you will enjoy a break where you will get hot juice and a sausage.

**Duration: 2-3 h**  
**Price: 69 €/person, 48 €/child 4-11 years old**

**Midnight sun hike to Valtavaara  
(Tuesday, Friday at 20.00,  
from September at 18.00)**

Experience the beauty of hill Valtavaara on a guided hiking trip through the picturesque landscapes. This 3-4 hour adventure, takes you through serene forests and rolling hills, offering breathtaking views from the top of Valtavaara. Along the trail, we'll enjoy tasty snacks and refreshing drinks in the peaceful surroundings. This tour requires good physical condition as the hike is taking place in hill surrounding. Hiking distance about 6 km.

**Duration: 3-4 h incl. transfers**  
**Price: 80 €/person**  
**Minimum age for participation 12 years.**



### **Fishing school at lake Rukajärvi (Monday, Friday at 14.00)**

The guide welcomes you at the reception of Iisakki Village and gives you the needed equipment. After a short walk you are at the lake where you will get a short safety lesson before entering the boat. On the lake you will learn how to use the different fishing equipment, from fishing rods to fishing traps. At the end of your adventure, the guide will show you how to prepare the fish (if you caught something) and you can have a taste. You will also get coffee or tea and a snack served by the fire. Price includes the fisheries management fee (1 day).

**Duration: 2,5-3 h**  
**Price: 80 €/person, 60 €/child 4-11 years old**

### **A day as a reindeer herder (On request)**

Have you always wondered how life in the North is like as a reindeer herder? This is your chance to discover the daily tasks as a local. During this safari you go out with local reindeer herders and learn the ins and outs of one of the oldest professions in our region. Every day is different, and you will be instructed how to do various tasks concerning reindeer herding in the summer. Included in the price are transfers, lunch and a snack.

**Duration: 6 hours**  
**Price: 169 €/adult**

### **Meet the king of the forest – Bear watching evening (Thursday at 16.30)**

This safari starts with a transfer from Iisakki Village in Ruka to the bear watching place, east of Kuusamo. The guide will take you safely to the hut where you will spend the whole evening. There is a 99% chance of seeing bears, but there might also be other wild animals such as eagles. Around midnight you will be back in Iisakki Village. This safari is from June until the end of August.

**Duration: 6 hours**  
**Price: 162 €/person**



### **River Floating (Friday at 10.00)**

A magical adventure in Ruka's waters. A floating suit will keep you dry during this experience. You will also wear a helmet and a life jacket. Your guide will give you instructions after which you can float down the river. After this fun and special experience, you can enjoy a hot drink. You must be at least 160 cm to participate in this safari.

**Duration: 2,5-3 h**  
**Price: 104 €/person**



### **Sup-boarding on lake Rukajärvi (Tuesday and Thursday at 15.00)**

Experience the thrill of gliding across calm waters in the stunning landscapes of lake Rukajärvi with our Stand-Up Paddleboarding (SUP) lesson! Perfect for beginners and adventure enthusiasts alike, our expert instructors will guide you through the basics of balance, paddling techniques, and water safety in a fun, safe environment. After the safety and paddling instructions we'll paddle a tour around the lake admiring the opening views towards fell Rukatunturi.

**Duration: 1,5h**  
**Price: 59 € / person**  
**Minimum age is 12 years**

**There is the possibility to add 1 hour sauna yoga experience to the program, after the sup-boarding. This is with a supplementary price of 35 €/person**

### **Sauna Tour – Finnish sauna experience (Wednesday & Saturday at 15.00)**

Experience the traditional Finnish sauna at Iisakki's lakeside sauna. Iisakki's sauna is one of the first saunas awarded with the Authentic Finnish Sauna Experience-certificate. For the special saunatour event sauna heats up with wood. It takes 3-4 hours to heat the sauna, but it will be rewarded with gentle and moist steam. This means that sauna enthusiasts can experience the best and real Finnish sauna. This experience is guided by a local sauna guide who will break all the myths of Finnish sauna and tells you about the original sauna culture and why it's so important to Finns. The sauna guide also joins you in the sauna and shows you the best ways of enjoying the sauna. No one is naked during this experience; you can wear a bathing suit. Also, children can participate in the sauna experience as it is experience for all. During the program, juice and water is served as well as small snacks. **Duration: 2-3 h**

**Price: 82 €/person, 55 €/child 5-11 years**

**Spice up your experience with local wild food dinner  
50 € / adult & 35 € / child**



# TERMS & CONDITIONS

## IMPORTANT INFORMATION

### GENERAL INFORMATION

Value Added Tax (or marginal tax) are included in the price. In case that the applicable VAT undergoes change during the validity of this price period we keep the right to adjust the prices accordingly. All activities include needed transfers from/to Ruka Safaris' safari house. We also have free pick-up service from certain pick-up points (more information below).

Bookings need to be made no later than 24 hours before the start of the program.

Cancellations must happen latest 21 days before the start of the safari to be refundable. In cancellations 20-14 days before the start of the safari we keep the right to charge 50 % of the value of the booking. Cancellations 13 days or less before the start of the safari are non-refundable.

Ruka Safaris' summer activities are planned and operated subject to change due to weather conditions, which are out of our control. The duration of the program may vary due to weather conditions and group sizes. We keep the right to change the programs and timetables for clients' safety. Clients are not allowed to be under the influence of alcohol or drugs during the programs. If they are under the influence, the guide can deny you access with no rights for a refund.

### CLOTHING

Ruka Safaris provides rainwear, rubber boots and safety equipment for the rafting and floating safaris. For hiking / biking programs client need proper clothing and shoes on their own. In case of rain there are rain clothes available from Ruka Safaris. Fishing and water activities includes all needed equipment and safety gears.

### PICK UP

Ruka Safaris offers private shuttle service to the activities from certain pick up points. Shuttle service require pre-booking. Pick-up times will be informed 2 weeks before arrival. Pick up places are Ruka Center Ski Bus Stop, MastonAitio Bus Stop and Ruka Valley Ski Bus Stop. Other place agreed separately case by case.

### BOOKINGS

You can make a booking latest 24 hours before departure by sending an email to [sales@rukasafaris.fi](mailto:sales@rukasafaris.fi) or by phone at +358 8 852 1610. We can not guarantee availability for last minute bookings, so we recommend do book the safaris well ahead.